

“BEE” Informed

Green Bay Public Schools Head Start



1420 Harvey Street, Green Bay, WI 54302 T: 920-492-7232

Dear Families,

Thank you to all of the parents who took time to meet with your child's teacher at Parent/Teacher conferences. The home-school connection is an important piece of your child's education. If you were unable to meet at your scheduled conference time, please call your child's teacher to set up another time or connect over the phone.

If you have a question or concern about any area of your child's development, please feel free to call Patty Mevis at 492-7209. She will be happy to work with you to resolve your concerns.

Watch for your child's report card to come home in early December

Recruitment Time

Head Start will begin taking applications, in January 2017, for the 2017-2018 school year. Head Start accepts children that are 3 or 4 years old by September 1, 2017. Applications will be available at the Green Bay District elementary schools, the District Office Building at 200 S. Broadway St., as well as our Head Start office at 1420 Harvey St. Spread the word to family, friends and neighbors.



Welcome to our New Policy Council Executive Board

Congratulations to our new Policy Council Executive Board. Elections were held during our Policy Council meeting on November 22nd. We welcome our new Executive Board and our new members. Thank you for your willingness to help shape the direction of our program through your involvement in Policy Council. All Head Start parents are invited to attend our monthly meetings. Check the Parent Engagement calendar for monthly meeting dates and times. Our next meeting is on December 20th at the Parent Center. Watch your child's backpack for the flyer or call Judy at [920-448-7312](tel:920-448-7312) for more information.

Chair - Miranda (Mandy) La Crosse
Secretary - position is open
Alternate to WHSA - Jess La Crosse

Vice Chair - Leslie Haro
Treasurer - Kelly Nichols

November, 2016

Volume 2, Issue 3

Upcoming Events

December 5

Parent Bucks Shopping Day

December 6

Positive Parenting Cafe

December 8

No School – Staff Training Day

December 12

Nutrition Class

December 15

Book Club

December 19

Men Kids and Supper

December 20

Policy Council

December 23

Start of Winter Break (classes resume January 3)



Inclement Weather

As winter approaches, schools may be closed for the day or close early. Stay tuned to local radio and/or television for information. In the event of a two hour delay, morning Head Start/4K will be cancelled. However, afternoon sessions will still take place. Follow us on Facebook to receive timely information about school closings. The decision to close school is never made lightly, and always with the safety of our students in mind.



Lead Poisoning

Lead Poisoning is preventable! Lead interferes with normal development of a young child's brain. The only way to know if a child is lead poisoned is to have your child's blood tested. For your child's health, Head Start requires that your child have a least one lead test on file that was completed on or after 24 months of age. If your child did not have a lead test done at that time, your Family Advocate will be contacting you to get this done at your child's

doctor or WIC. For more information regarding lead poisoning, please contact the Head Start nurse, Mary, at 492-7232, or the Brown County Health Department at 448-6400.

Special Education

IEP stands for Individualized Education Program. The IEP is a written statement of the educational program designed to meet a child's individual needs. Every child who receives special education services must have an IEP. The IEP has two general purposes:

- To set reasonable learning goals for a child, and
- To state the services that the school district will provide for the child.

If your child has been through the evaluation process and has an IEP, your child's teacher has been provided with the goals your IEP team developed. If you have questions about your child's IEP or your rights as a parent, please call your child's teacher or the Education and Disabilities Coordinator at 492-7209 or email, pamevis@gbaps.org.

How Much Sleep Do Children Need?

Sleep is very important to a child's overall well-being. A lack of sleep for kids can trigger challenging behaviors like irritability, aggression and emotional extremes. Children can show their lack of sleep in ways that may not be obvious to adults. For example: when adults are tired they may be grumpy or have low energy, but a child can be "wound up", disrespectful, or even display behaviors which are mistaken for Attention Deficit/Hyperactivity Disorder (ADHD). And for those children who actually have ADHD, a lack of sleep makes the condition even worse.

Children need more hours of sleep than you may think. All children, even teens, need a bedtime. If you don't set a bedtime, your child will likely amuse him or herself endlessly until a very late hour. Some children will force themselves to stay awake to watch a TV show or place some interesting game. Parents can sometimes make the mistake of thinking that if they keep their child up later, he/she will be sleepier for bedtime. However, children often have a more difficult time sleeping when they're overtired. The needs of each child will vary, but charts similar to the one at the right, can be helpful to determine if your child's sleep is seriously off-track for their age range. Experts tell us that older children and teens still need upwards of nine hours per night. And let's not forget the "grown-ups". We all need reminders to stop and take care of ourselves, including our sleep.

In Our Schools and Your Community

Parent-Child Activities

Take time to try some of the following activities with your child:

Preschool Treasure Hunt – Hide ten small objects, such as blocks or toy cars around the house. Send your child on a treasure hunt to see if he or she can find them.

Learning to Sort Objects - Have him or her sort the clean forks and spoons before putting them away. Help him or her match clean socks in pairs before putting them away.

Learning the Concept of "Beginning, Middle and End" – Enjoy a favorite story together. After reading the story, ask your child to tell one thing about the beginning, one thing about the middle, and one thing about the ending of the story.

Sleep Recommendations

Age	Day Sleep	Night Sleep
1 yr	2 ½ hrs	11 ½ hrs
2 yrs	1 ¾ hrs	11 ¾ hrs
3 yrs	1 hr	11 hrs
4 yrs		11 ½ hrs
5 yrs		11 hrs
6 yrs		10 ¾ hrs



There were 147 children who had 100% attendance in October. **WAY TO GO!!**